THE CATHOLIC COMMUNITY OF NORTH HARBOUR

Under the Pastoral Care of the Augustinians
Diocese of Broken Bay

SCAN HERE
TO ACCESS
SUNDAY READINGS
& PARISH UPDATES

Serving the southern part of the Northern Beaches Peninsula of Sydney, we bring together the faithful from Allambie, Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth, and parts of Beacon Hill and North Manly into one parish family.

25 OCTOBER 2026 | 30TH SUNDAY IN ORDINARY TIME, YEAR A



FIRST READING
Exodus 22:20-26
Treat all people with generosity.

RESPONSORIAL PSALM
Ps 17:2-4. 47. 51. R. v.2
I love you, Lord, my strength.

SECOND READING
1 Thessalonians 1:5-10
The Thessalonians have become a model for others.

GOSPEL ACCLAMATION
John 14:23
Alleluia, alleluia!
All who love me will keep my words, and my Father will love them and we will come to them.
Alleluia!

GOSPEL
Matthew 22:34-40
Jesus is asked to name the greatest commandment of the Law.



PARISH OFFICE
MANLY VALE
NORTH HARBOUR PARISH CENTRE
2 King Street, Manly Vale 2093 NSW
Tue-Fri: 9am-4pm | (02) 9949 4455
office@nhparish.org.au
www.northharbourparish.org.au



ST KIERAN'S CHURCH
MANLY VALE
2 King Street, Manly Vale

MASS TIMES:
Saturday (Vigil): 5.30pm
Sunday: 7.30am, 9.30am, 5pm
Mon, Tue, Thurs, Fri, Sat: 8.30am



ST CECILIA'S CHURCH
BALGOWLAH
Wanganella & White Sts, Balgowlah

MASS TIMES:
Sunday: 9am
Wednesday: 9am

PASTORAL CARE FOR THE HOMEBOUND

If you or someone you know is unable to come to Mass because of illness, frailty, or age, our clergy and pastoral care ministers are here to support you. We can bring Holy Communion, offer the Sacrament of Reconciliation, and provide Anointing of the Sick in your home or place of care. For more information or to arrange a visit, please contact the Parish Office.

SERVING OUR COMMUNITY IN FAITH

CLERGY

Parish Priest
Fr Michael Belonio, OSA
pp@nhparish.org.au

Assistant Parish Priests
Fr Michael Sullivan OSA
michael.sullivan@osa.org.au

Fr John Zhang
jzhang@nhparish.org.au

PASTORAL & SUPPORT TEAM

Administration
Charlene Mendoza (Tue-Fri)
admin@nhparish.org.au
office@nhparish.org.au

Admin Asst | Media & Comms
Giselle Roldan (Wed & Fri)
office@nhparish.org.au
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Bookkeeper
Valerie Buono (Thu)
accounts@nhparish.org.au

Catechists, Family & Sacraments
Ursula Halloway
sacraments@nhparish.org.au

Community Life & Mission
Lea Joris
mission@nhparish.org.au

Music Ministry | Media & Comms
Marianne Kaw-Deveza
music@nhparish.org.au
comms@nhparish.org.au

OUR ACKNOWLEDGMENT

With gratitude, we acknowledge the Traditional Custodians of this land and honour their enduring connection to Country. We pay our respects to Elders past and present, and to all First Nations people among us.

A SAFE AND CARING PARISH

We strive to make our parish a place where everyone feels safe, valued, and respected. Safeguarding is a shared responsibility, and we thank our community for helping us uphold this commitment.

If a word from Scripture settles in your heart or invites you to pause, we welcome you to share that grace. Your reflection becomes a gift that strengthens and uplifts our community. To offer a contribution for this space, scan QR code or e-mail office@nhparish.org.au

VOICE FROM THE PEWS

Where Scripture meets real life

from the journal of another sojourner



As an immigrant, I remember the moment when I was first driven into the roads of Sydney.
I remember seeing people on the footpaths either walking or waiting by the lights and one thing struck me: the people were of different backgrounds. Seeing people from numerous backgrounds on the same road was a new thing for me when I came from a country which had just one race. I remember thinking: "This must be what it is like in heaven."

To me, in heaven, no one is seen in the light of their race, or colour, or gender. We are all equal with the same privilege of being loved by the Lord. To me, in heaven, there is no strife, no envy, no division, no one-ups, but just love and respect for one another.

"You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind...You shall love your neighbour as yourself"

How good and great the wisdom of the Lord is. He knows that the visible sign of loving an invisible God is the kindness, forgiveness, concern and loving word that we give to a difficult relative, an annoying stranger, an opinionated workmate, a peculiar immigrant, a neighbour different to yourself.

It is true that this is near to impossible, if not just a bother. But if I love the Lord, with all my heart and all my soul and all my mind, it is only natural for me to obey His good command. And maybe, just maybe...obeying a command will eventually change my heart for the better.

May God be glorified by all nations forever!

CELEBRATING THE SACRAMENTS & PARISH LIFE

RECONCILIATION

Saturday 5-5:30pm | St Kieran's Church

YOUTH MASS

2nd Sunday 5pm | St Kieran's Church
during school term

FAMILY MASS

4th Sunday 9am | St Cecilia's Church
with Children's Liturgy of the Word

4th Sunday 5pm | St Kieran's Church
with Children's Liturgy of the Word

CHILDREN'S LITURGY OF THE WORD

2nd & 4th Sunday 9.30am | St Kieran's Church

BAPTISM

Sunday 10:30am | St Cecilia's Church
Sunday 11:30am | St Kieran's Church

For first-time baptisms, a preparation session helps families feel ready and supported. Please contact the Parish Office.

WEDDING

We ask for six months' notice, with a Pre-Marriage Course as part of your preparation.

FUNERAL

Families are invited to contact a funeral director first. The Parish Office will gently guide the liturgy arrangements.



NOVEMBER REMEMBRANCE

REMEMBERING THE DEPARTED

November is traditionally a month when we remember and pray for our deceased loved ones. Parishioners are invited to submit the names of family and friends to be remembered in our parish prayers and Masses throughout November. You may submit names in two ways:

- **Online:** Scan QR code or visit our parish website to complete the November Remembrance Form.
- **In Church:** Use a November Remembrance Envelope available in the church.

Donations may be made through either option.



MINISTRY TO THE SICK & HOMEBOUND

BRINGING HOLY COMMUNION BEYOND THE CHURCH

Eucharistic Ministers who bring Holy Communion to those who are sick, homebound or living in nursing homes are invited to this special training, facilitated by Fr Abel. Join us on **Wednesday 4 November** at **7pm** in the Parish Centre for practical formation and guidance in this important pastoral ministry.

Pre-requisite: Participants must have completed the EMHC Training.

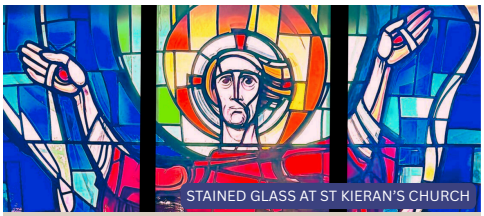


EMHC TRAINING

FORMATION FOR EUCHARISTIC MINISTERS

All Eucharistic Ministers of Holy Communion are invited to attend a training session on **Wednesday, 28 October**, from **7:00 to 9:00pm** in the Parish Centre, led by Fr Michael Sullivan and Fr John Zhang.

Whether you are currently serving or interested in becoming a Eucharistic Minister, you are warmly welcome to join us as we deepen our understanding of this sacred ministry and our call to serve Christ and our parish community. Come along to be renewed and strengthened in this special ministry of service.


STAINED GLASS AT ST KIERAN'S CHURCH

WELCOME TO NORTH HARBOUR

Whether you're new to the Catholic faith, returning after some time away, or simply exploring, we're grateful you're here. This community is made up of people at every stage of the journey — questioning, searching, growing, and discovering God's presence in daily life.

YOU BELONG HERE

If you're visiting, newly arrived, or settling into the parish, we'd love to meet you. Please feel free to introduce yourself to one of the priests or volunteers after Mass, or contact the Parish Office during the week. We're here to help you feel at home.

EXPLORING THE FAITH

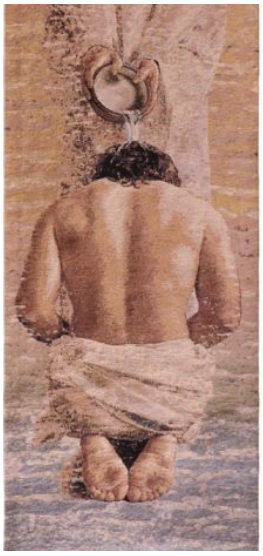
If you're curious about becoming Catholic, wanting to understand the faith more deeply, or thinking about receiving the sacraments as an adult, we'd be honoured to walk with you. Our parish offers gentle, welcoming pathways for enquiry, conversation, and formation.

LOOKING TO GET INVOLVED

There are many ways to connect — through prayer, service, community groups, or parish ministries. Whether you have a lot of time or just a little, your presence and gifts can make a difference.

NEED SUPPORT

Life can be joyful, complicated, or heavy at times. If you're seeking prayer, pastoral care, or simply someone to talk to, please reach out. You don't have to walk alone.



REJOICING IN NEW LIFE IN CHRIST

WITH JOY, WE WELCOME INTO OUR PARISH FAMILY THROUGH BAPTISM THIS SUNDAY

Kyla Adele *(daughter of Lauren & Stuart)*

Jack Alexander *(son of Alexandra & George)*

Isabelle Rosanna *(daughter of Natasha & Aidan)*

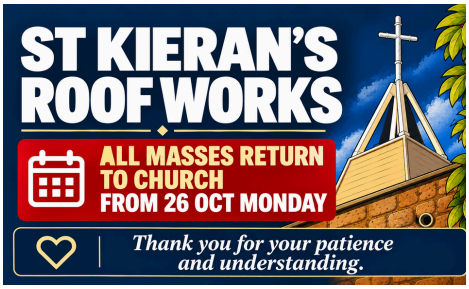
Atlas *(son of Saskia & Felipe)*

May they grow in faith, hope and love.

PARISH RENEWAL PRAYER GROUP

Join us for Meditations on the Rosary for Parish Renewal: after 8:30am Mass SK - Mon, Tue, Thu & after 9am Mass SC - Wed.

Loving God, we continue to hold Pope Leo in our hearts and prayers. Surround him with Your gentle and healing love, restore his strength and grant him peace and comfort as he continues his recovery. Amen.

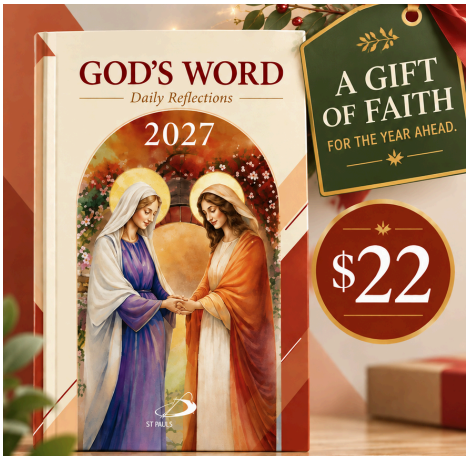


SK ROOF WORKS

WORKS ON-GOING

All Masses will return to St Kieran's Church from Monday, 26 October 2026, including weekday morning Masses, except funerals, which remain unavailable while roof works continue. St Cecilia's Church, Balgowlah, may be considered as an alternative for funerals.

Thank you for your patience and understanding. We will provide further updates as works progress.



GOD'S WORD 2027

DAILY REFLECTIONS GUIDE

Looking for a meaningful Christmas gift? 🎄 Share the gift of God's Word this Christmas! Available from the Parish Office for just $22 per copy.



"Lord, be our strong support from childhood to old age. For when our strength is Yours, then we are strong indeed. But when our strength is ours, we are feeble and weak."

— St Augustine, Confessions 4, 16



NOVEMBER MEMORIAL MASS

REMEMBERING OUR LOVED ONES

We warmly invite families who have experienced the loss of a loved one during the past year to join us for a special Memorial Mass, as we come together in prayer, remembrance and hope. Families are invited to send the Parish a photo of their loved one, together with their name, to be included in a special slideshow during the Mass. As you enter the church, you will also be invited to take a candle. At the beginning of Mass, families will be invited to light their candle from the Paschal Candle and place it near the altar in loving memory of their loved one. We look forward to sharing this beautiful and meaningful celebration with you as we remember those we love and entrust them to God's loving care. A light supper will be served afterwards. RSVP via the QR code or Parish Office.



PRAY THE ROSARY THIS OCTOBER

WITH AUGUSTINIAN MEDITATIONS

October is traditionally dedicated to the Holy Rosary. We invite you to pray with The Holy Rosary with Augustinian Meditations, prepared by the Asia-Pacific Augustinian Novitiate (APAN). Each mystery includes a meditation from St Augustine and an intention for prayer, offering a beautiful way to enter more deeply into the mysteries of the Rosary. Whether prayed individually, as a family or in community, we hope this resource will enrich your prayer throughout October. Printed copies are available at church entrances, or scan the QR code to access the booklet.



WE HOLD IN PRAYER OUR PARISHIONERS

WE PRAY FOR THE SICK AND HOMEBOUND

Pope Leo XIV, Louis Prevost, Vlad, Chloe, Ging N, Morteza Chehelnabi, M A Non, Anna, Sherif R He & family, Kay Berryman, Jackob Weidinger

WE REMEMBER THOSE WHO HAVE DIED RECENTLY

Mary Norris-McCarney, Anette Harding, Elizabeth Roper, Michael Paulo, Andres Batayola

WE HONOUR THEIR ANNIVERSARIES

Jamie Dowsett, Cesar Alvarez, Antonio Monteone, Irene & Harry Hurrell, Stephen Jackson, Anthony Pace,

May God hold in love all those we lift up in prayer.

We are here to pray with you. Send your intentions to: office@nhparish.org.au



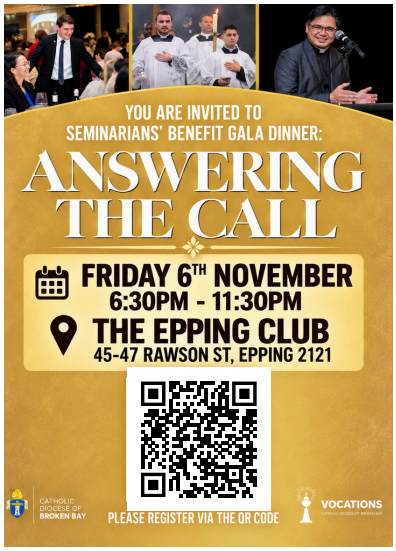
CHRISTMAS CARDS

CREATED BY RESTLESS HEARTS CAFE

Share the joy and blessings of Christmas with these beautiful cards featuring six unique designs lovingly created by the Monday Restless Hearts Cafe group. Each design has been turned into a printed Christmas card, carrying this special message inside:

"May the wonder of the Christ Child fill your Christmas with peace, joy and hope. May God bless you and those you love throughout the coming year."

Each pack contains six different cards for just $10, available at the Parish Piety Shop.



ANSWERING THE CALL

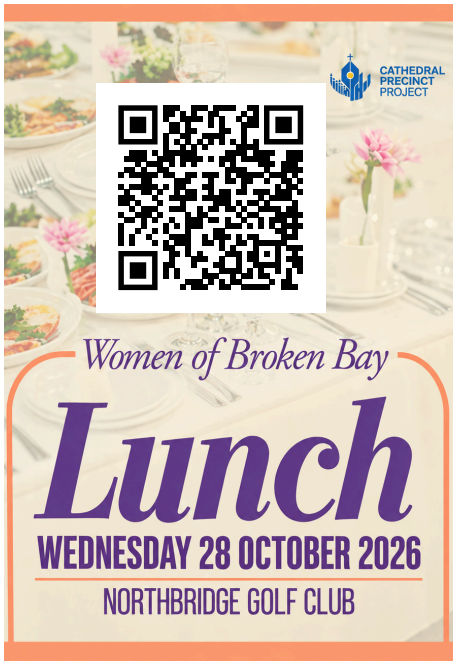
SEMINARIANS' BENEFIT GALA DINNER

Answering the Call - is a Seminarians' Benefit Gala Dinner hosted by the Catholic Diocese of Broken Bay Vocations to support and encourage our seminarians, and all those discerning God's call. Come as an individual, a parish group, family, work colleagues or organise one or more tables of 10.

With your generous support it will be a night of fun and friendship. Dinner and beverages included with each ticket. Auction, prizes and music. We hope to see you there. Register via the QR code.

Date: **Friday, 6 November 2026 6:30 PM - 11:30 PM**
Location: T**he Epping Club, The Grand Ballroom**





WOMEN OF BROKEN BAY LUNCH

CONNECT. BE INSPIRED. HELP SHAPE THE FUTURE.

Join women from across the Diocese for the inaugural Women of Broken Bay Lunch — an afternoon of connection, conversation and inspiration. Enjoy a two-course lunch and hear from keynote speaker Mrs Kelly Paget as she explores "Called to Lead: A Journey of Faith, Family and Community." Your attendance will also support the Cathedral Precinct Project, helping create a lasting place of faith and community for future generations. Limited spots remaining — book your seat today by scanning the QR code.

11:30am arrival | 12:00–2:00pm

FAITH IN ACTION - LIVING THE GOSPEL THROUGH JUSTICE & LOVE

Inspired by Pope Francis' Laudato Si', our Parish Social Justice group is committed to responding to the cry of the earth and the cry of the poor. Actions have included supporting and creating awareness:

ANTI-SLAVERY DAY | 18 OCTOBER 2026

Modern slavery affects an estimated 41,000 people in Australia. As we mark Anti-Slavery Day, let us pray for victims and survivors and help protect the dignity and freedom of every person.

Take Action: International Justice Mission Australia invites us to support its Tech That Protects petition, calling for stronger online protections against the sexual exploitation of children. Learn more and sign the petition by scanning the QR code.

ijm.org.au/techthatprotects

HAVE A HEART FOR JUSTICE?

If you have a heart for **justice** and **compassion** and want to **make a difference**, join our Parish Social Justice Group and discover how you can put your faith into action through prayer, advocacy and practical outreach in our local and global community. Whether you're new or have been involved before, we'd love to meet you!

PARISH SOCIAL JUSTICE
Faith in action
– living the Gospel through justice and love

ALL ARE WELCOME!

NEXT MEETING
Monday 2 November 7PM
North Harbour Parish Centre

Together, let us live our faith through action.

AFA
AUGUSTINIAN FORMATION ASSOCIATION

FUNDRAISER
End of Year
Christmas Dinner

Join us for a special Christmas dinner in support of the formation of future Augustinians. Enjoy great company, festive music, exciting prizes and a night of fun!

SATURDAY
21 NOVEMBER 2026

7PM – 11PM

BALGOWLAH RSL CLUB
30-38 Ethel Street,
Seaforth

FESTIVE MUSIC AND LOTS OF FUN

LUCKY DOOR PRIZES & MAJOR RAFFLE DRAWS

BOOK YOUR TABLE OF 8 OR 10 PEOPLE OR JOIN A TABLE

COST
$60 per person for a 2 Course Christmas Dinner
cash or direct deposit

RSVP & PAYMENT
REQUIRED BY SUNDAY, 8 NOVEMBER

- Cash only payments at the Parish Office.
- **Direct Deposit AFA Account**
  BSB: 032190 Account No: 105386
  Ref: (Surname) Christmas Dinner

DONATIONS NEEDED
Any donations for our raffle prizes would be greatly appreciated – gift cards, bottles of wine, champagne or spirits, small electrical goods/ appliances, beauty products, holiday house stays, restaurant vouchers, facial, manicure & pedicure vouchers, chocolates, candles.

Donations can be left at the Parish Office before 15 November or you can contact:

Anna Heath – 0421 270 560
anna@annaheath.com.au

Honorine Jarkey – 0416 042 316
hjarkey@gmail.com

CAN'T ATTEND?
If unable to attend you may wish to sponsor an Augustinian to attend.

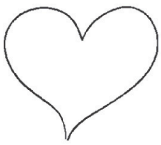
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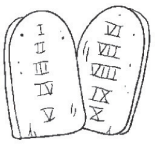
Read the Gospel of the week and color the image.



PUZZLE

What letter **begins** each picture name? Circle the beginning letter. Then color the pictures.


H R T H


T T E N


P R P A

NEXT WEEKEND

1 November 2026
Solemnity of All Saints

FIRST READING

Revelation 7:2-4. 9-14
Vision of those who survive the trial.

RESPONSORIAL PSALM

Ps 23:1-6. R. see v.6
Lord, this is the people that longs to see your face.

SECOND READING

1 John 3:1-3
We are already children of God.

GOSPEL ACCLAMATION

Matthew 11:28
Alleluia, alleluia!
Come to me, all you that labour and are burdened, and I will give you rest, says the Lord.
Alleluia!

GOSPEL

Matthew 5:1-12
The Beatitudes.



SAINTS

Simon & Jude

Apostles of Jesus

Both: Birth & death years unknown

FEAST DAY • 28 OCTOBER

DID YOU KNOW?

ST SIMON

1. **A name with meaning**
   "Cananaean" means zealous, not someone from Cana.
2. **An unlikely companion**
   His title suggests Jewish zeal; fellow Apostle Matthew had collected taxes.
3. **Partners in mission**
   According to tradition, Simon and Jude preached and died as martyrs in Persia.

ST JUDE

1. **Another name**
   Traditionally identified with Thaddaeus, Jude is distinct from Judas Iscariot.
2. **He asked Jesus**
   At the Last Supper, Jude asked why Jesus would reveal himself only to the disciples.
3. **A powerful little letter**
   The Letter of Jude, traditionally attributed to him, urges faith, prayer and care for doubters.

OBSERVANCES FOR THE WEEK OF 25 OCT 2026

Mon 26 Oct:	Monday of the 30th Week in Ordinary Time
Tue 27 Oct:	Tuesday of the 30th Week in Ordinary Time
Wed 28 Oct:	Sts Simon and Jude
Thu 29 Oct:	Thursday of the 30th Week in Ordinary Time
Fri 30 Oct:	Friday of the 30th Week in Ordinary Time
Sat 31 Oct:	Saturday of the 30th Week in Ordinary Time

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